

# TRIKE-A-THON

St. Jude Children's Research Hospital®

## Why Do It?

By participating in **Trike-A-Thon**, your child will learn these four riding-toy safety rules:

**1** Always wear your helmet.

**2** Never ride in the street.

**3** Always be careful near driveways.

**4** Always watch where you're going.

It is also a great way to teach your child about helping others. You and your child are helping St. Jude patients battling cancer and other catastrophic diseases.

Participant's Name: \_\_\_\_\_

## What is Trike-A-Thon?

**Trike-A-Thon** is a fun, week-long curriculum that teaches your child riding-toy safety. Your child will learn a different lesson each day with special St. Jude friends Bikewell Bear® and Pedals the Bunny® in colorfully illustrated adventures and take-home coloring sheets. At the end of the week, students bring their trikes or riding-toys to school and practice the rules they've learned at the **Trike-A-Thon**.

## How do you participate?

- Step 1** — Sign up. Fill out the Parent or Guardian Permission/Consent form attached to this envelope and return it to your child's daycare center/pre-school within one week.
- Step 2** — Set your goal. Check out the prizes at [www.stjude.org/trike](http://www.stjude.org/trike) to see what your child and their daycare center/pre-school can earn. (Each child will receive a coloring book and stickers for participating.)
- Step 3** — Get Sponsors. Find people who will pledge \$1 or more per lap. (Most children complete 25 laps in a half-hour period.) Or ask them to donate \$10, \$20 or more to St. Jude.
- Step 4** — Read each safety lesson to your child to reinforce the safety lesson of the day.
- Step 5** — Collect pledges. Be sure to turn in donations to your child's school within 7 days of completing the **Trike-A-Thon**. Ask sponsors to make tax-deductible checks payable to **St. Jude Children's Research Hospital**. (Please write a check or obtain a money order for any cash you receive.)

## Great Prizes for Participants

For individuals that raise:

▶ **Have you raised \$35 or more?**

Please circle your T-shirt size.

Child Size	4-6	6-8	10-12	14-16
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▶ \$75 or more (choose one)



▶ \$100 or more



St. Jude Children's Research Hospital  
ALSC - Over 70 Years, Feeding  
Fidalgovera, Saving children.